Atalayahudson5@Gmail.com ⧫ 3 East Newfield Way, Bala Cynwyd, PA 19004 ⧫ 2157046334

ATALAYA N. HUDSON

https://www.attiesfoodrules@weebly.com

**Objectives**

To obtain a Wellness Program Coordinator and Home Caregiver position at a facility that will allow me to utilize my skills and has potential for growth

**Education**

Kaplan University ⧫ 1801 East Kimberly Road, Davenport, Iowa 52301

Bachelors Degree of Science in Health & Wellness- GPA 3.6

Dean’s List- 4 Year Duration

Awarded Annual Academic Scholarship- 4 Year Duration

The Kaplan Career Institute ⧫ 3010 Market Street, Philadelphia, PA 19104

Medical Assistant – GPA 4.0. Externship: Dr. Sobel- Private Practice, Chestnut, Philadelphia, PA.

Academic Honors-Consistent 9 Month Duration

United Parcel Service PHL Air Hub

⧫ 1hog Island Road, Philadelphia, PA 19153

12 hour-Certification -Designated Hazardous Response and Management Training

Certification - Don/Dof Self Contained Breathing Apparatus (SCBA)

Certification -PITO Forklift Driver

Certification- UPS Quarterly Safety Methods & Wellness Program Assessments

North Montco Vocational School ⧫ 1265 Sumneytown Pike, Landsdale PA 19446

Licensed Cosmetologist and Massage Coach-CO212081L-1992 to Present -GPA 3.9

**Career Experience**

United Parcel Service PHL Air Hub

⧫ 1hog Island Road, Philadelphia, PA 19153

Certification (OSHA) - Designated Hazardous Waste Responder/Supervisor & Wellness Coach-1995 to 2017

**Knowledge Learned at Kaplan University & Job Related Skills in Wellness & Safety**:

* Developed and implemented wellness activities that are simple and easy for employees to be successful and safe
* Developed Professional presentations and Wellness treatment plans
* Developing spreadsheets, Microsoft Office Templates, PDF files & Digital food files
* Researched & developed authorized health and wellness resource guides for UPS employees
* Surveyed UPS employees to analyze wellness educational needs from the lectures & coursework learned at Kaplan University
* Provided ongoing Wellness/Safety education to employees daily for injury prevent awareness
* Assisted in answering common questions regarding Consumer Directed Healthcare Plan terminology
* Maintained Wellness communication boards at PHL UPS facilities & developed visual Wellness displays
* In-depth knowledge of wellness development plans and best practices
* Comprehensive knowledge of health care management, health education and exercise programs
* Extensive knowledge of health safety policies, standards and practices
* Hands on experience in conducting health education coaching and wellness programs
* Detail oriented, quick problem solver and the ability to communicate effectively
* Organized with the ability to develop and maintain good rapport with diverse people

**Special Designated Response Related Management /Training & Computer Skills**

* Daily Monitoring & training Hazardous Waste Responders on Safety steps & job execution skills.
* Monthly audit the SCBA Don/Dof procedures & document findings
* Monthly Auditing DMP & ADG Hazardous cages & purging files, along with preparing Hazardous Waste drum pick-up.
* Document and audit all safety procedure testing files for Day/Twilight sort for Hazardous Designated Response teams
* Provide Wellness awareness information to all Designated Responders due to exposure to chemicals, while wearing Personal Prescribed Equipment (PPE)
* Computer skilled in retrieving ETT, Damage/Hazmat, IATA, Over-goods, HMMS, Wellness Compliance testing and Non-Regulated Product List Data
* Computer skilled in MSDS retrieval/ Commutations documentation data.
* Computer skilled on utilizing the UPS HTS Payroll & Sales Telecommunication’s Systems.
* Computer skilled in Wellness Artistic Computer Design

**Work Awards:**

* Metro District Wellness Champion –Bulletin Boards and Activities Program- 2013 & 2014 2nd Place Winner!
* Supervisor of the Month- August/ October 2014, May 2012, September 2011, November 2009-2006 and March 2001
* United Way Management Honors –Annual match- 2001- 2017
* Eastern Metro District WE CARE Safety Hub Award 1998

**References:** Available Upon Request